

The extent of the slide can vary depending where the move is being placed on the body: on some locations we slide over the hair, picking up skin slack as we go, until we find the edge of a muscle (Figure One below); on other occasions our fingers/thumbs stay on one spot on the hair/skin and work with the skin slack available (Figure Two below).

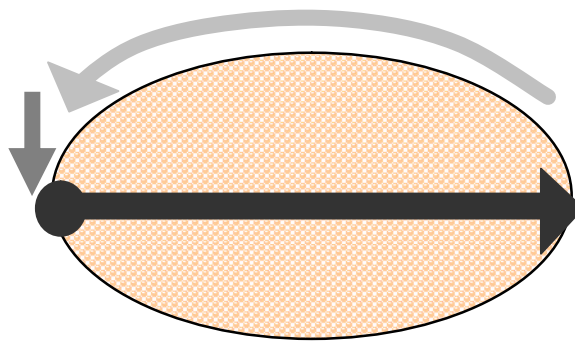


Figure One: 'Slide' to find the edge of the muscle or tendon  
e.g. tricep's move

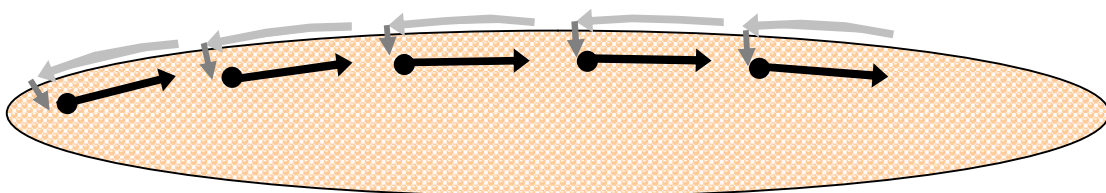


Figure Two: 'Slide' governed by the skin slack available  
e.g. butt shots moves